# Aug & Sept 2023 La Center High School Lunch Menu

<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
</tr>
</thead>
<tbody>
<tr>
<td>Students that qualify for free or reduced lunch will receive breakfast and lunch at no cost.</td>
<td>Served Daily PB&amp;J &amp; Yogurt w/ Granola</td>
<td><strong>Welcome Back!</strong></td>
<td>Aug 30</td>
<td>31</td>
<td>1</td>
<td>This menu is subject to change without notice</td>
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<tr>
<td><strong>Labor Day</strong></td>
<td>No School</td>
<td></td>
<td>Chicken Burger Mozzarella Breadsticks Veggies Fruit Milk</td>
<td>Pizza Fruit Parfait Veggies Fruit Milk</td>
<td>Cheeseburger Hamburger Quesadilla Veggies Fruit Milk</td>
<td>Unlimited salad bar for students receiving a school meal.</td>
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<tr>
<td>Breakfast K-5 $1.70 MS $1.85 HS $2.00 Adult $3.25</td>
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<td>14</td>
<td>15</td>
<td>16</td>
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<tr>
<td>Popcorn Chicken Teriyaki Beef Veggies Fruit Milk</td>
<td>Taco Bar Pizza Veggies Fruit Milk</td>
<td>Chicken Burgers Mac &amp; Cheese Veggies Fruit Milk</td>
<td>Pizza Fruit Parfait Veggies Fruit Milk</td>
<td>Cheeseburger Hamburger Grilled Cheese Veggies Fruit Milk</td>
<td>Ala Carte Salad Bar Large plate $3.00 Small plate $2.00</td>
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<tr>
<td>18</td>
<td>19</td>
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<td>21</td>
<td>22</td>
<td>23</td>
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<tr>
<td>Popcorn Chicken Sweet &amp; Sour Chicken Veggies Fruit Milk</td>
<td>Chicken Taquitos Pizza Veggies Fruit Milk</td>
<td>Chicken Burgers Chili Italian Sub Veggies Fruit Milk</td>
<td>Pizza Fruit Parfait Veggies Fruit Milk</td>
<td>Cheeseburger Hamburger BBQ Chicken Veggies Fruit Milk</td>
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<tr>
<td>24</td>
<td>25</td>
<td>26</td>
<td>27</td>
<td>28</td>
<td>29</td>
<td></td>
</tr>
<tr>
<td>Popcorn Chicken Teriyaki Chicken Veggies Fruit Milk</td>
<td>Cheese Enchiladas Pizza Veggies Fruit Milk</td>
<td>Chicken Burgers Pasta w/ Marinara Veggies Fruit Milk</td>
<td>Pizza Fruit Parfait Veggies Fruit Milk</td>
<td>Cheeseburger Hamburger Baked Chicken Veggies Fruit Milk</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

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