

Local Wellness Policy Triennial Assessment

Schools participating in the National School Lunch Program and/or School Breakfast Program are required to have a Local Wellness Policy. At a minimum, the Local Wellness Policy must be assessed once every three years; this is referred to as the Triennial Assessment. Triennial assessments must determine, for each participating school under its jurisdiction, 1) compliance with the wellness policy, 2) progress made in attaining the goals of the wellness policy, and 3) how the wellness policy compares to model wellness policies.

District Name: LA Corder

School Name: LA Corder High School

Date Completed: 6/13/22

Completed by: Carol Patton

Part I: Content Checklist

Below is a list of items that must be addressed in Local Wellness Policies, based on U.S. Department of Agriculture (USDA) guidance. Check the box for each item included in your Local Wellness Policy. For any box that is not checked, consider taking steps to add the item(s) to the policy in the future. For more information, see [ISBE's Local Wellness Policy Content Checklist](#).

- | | | |
|---|--|--|
| <input checked="" type="checkbox"/> Goals for Nutrition Education | <input checked="" type="checkbox"/> Nutrition Standards for School Meals | <input type="checkbox"/> Wellness Leadership |
| <input checked="" type="checkbox"/> Goals for Nutrition Promotion | <input type="checkbox"/> Nutrition Standards for Competitive Foods | <input type="checkbox"/> Public Involvement |
| <input checked="" type="checkbox"/> Goals for Physical Activity | <input checked="" type="checkbox"/> Standards for All Foods/Beverages Provided, but Not Sold | <input type="checkbox"/> Triennial Assessments |
| <input type="checkbox"/> Goals for Other School-Based Wellness Activities | <input type="checkbox"/> Food & Beverage Marketing | <input type="checkbox"/> Reporting |

Part II: Goal Assessment

Input the goals of your Local Wellness Policy into the table below for the corresponding areas: Nutrition Education, Nutrition Promotion, Physical Activity, and Other School-Based Wellness Activities. Indicate if the school is meeting, partially meeting, or not meeting each goal listed. Include any next steps in attaining the goal(s), if applicable. Table rows may be added for additional goals.

| Goals | Meeting | Partially Meeting | Not Meeting | Next Steps (If Applicable) |
|--------------------------------|---------|-------------------|-------------|----------------------------|
| Nutrition Education | | | | |
| Nutrition Ed in Health Classes | X | | | Expand program |
| | | | | |
| | | | | |

| Goals | Meeting | Partially Meeting | Not Meeting | Next Steps (If Applicable) |
|-----------------------------|---------|-------------------|-------------|----------------------------|
| Nutrition Promotion | | | | |
| Nutrition Info in Lunchroom | | X | | Post on a regular basis |
| | | | | |
| | | | | |

| Goals | Meeting | Partially Meeting | Not Meeting | Next Steps (If Applicable) |
|--|---------|-------------------|-------------|----------------------------|
| Physical Activity | | | | |
| All Freshman take 1 Health/PE class for the year. In addition a 2 nd yr. of PE. | X | | | |
| | | | | |
| | | | | |

| Goals | Meeting | Partially Meeting | Not Meeting | Next Steps (If Applicable) |
|--|---------|-------------------|-------------|--|
| Other School-Based Wellness Activities | | | | |
| Increase students involved in sports. We currently have 108% of the students in 1 or more sport or activity. | | X | | Continue to promote extra-curricular sports & activities |
| | | | | |
| | | | | |

Part III: Model Policy Comparison

Indicate the Model Wellness Policy used for comparison against your Local Wellness Policy. Provide a narrative for each prompt below based on the findings.

Alliance for a Healthier Generation's Model Wellness Policy

Rudd Center's WellSAT 3.0

Other: _____

1. What strengths does your current Local Wellness Policy possess?

Inclusion for all students & staff.

2. What improvements could be made to your Local Wellness Policy?

Adding instructional purpose to goals.

3. List any next steps that can be taken to make the changes discussed above.

Include this in the SIP plan for next year.